



UNIVERSITY OF WISCONSIN  
**Marathon  
County**

in cooperation with UW-Extension

# CONTINUUM

[www.uwmc.uwc.edu/community/continuing-ed](http://www.uwmc.uwc.edu/community/continuing-ed)

Winter/Spring 2016

*Turn the page to  
lifelong learning . . .*

The Continuing Education  
catalog of Life-Long Learning

Keep until May 2016.



**Explore the world.** We do so with international dinners. This January we will be doing another Bobby Burns Dinner to honor the famous Scottish poet.

**Escape the everyday.** Take a health or writing class.

**Expand your horizons.** Consider a philosophy discussion or take an online class.

At UW-Marathon County Continuing Education we have several learning options for you to explore, expand and escape. Check out our business and professional development courses and certificate programs, lecture series, theatre trips, youth programs, and health, writing and music courses.

**Register now** to insure your class spot and start your discoveries.

*Vickie Richmond Hawkins*

Director, Continuing Education  
UW-Marathon County

### What is a CEU?

Continuing Education Units, where indicated, may be awarded upon completion of a course. Ten hours is equivalent to 1.0 CEU. If you need a CEU certificate, request it at the time of registration.

### Online Classes



When you see this computer symbol next to a course it means the class is offered online, and you will need Internet access to register.

CEUs are also awarded for online classes

when requested at time of registration.

## Five Easy Ways to Sign Up for Classes



**ONLINE:**

<https://ce.uwc.edu/wausau/catalog>



**PHONE:** (715) 261-6294



**FAX:** (715) 261-6333



**MAIL:** Continuing Education Office, UWMC,  
518 S. 7th Ave., Wausau, WI 54401



**IN PERSON:** Continuing Education Office  
8 AM – 4:30 PM, M-F  
Room 202  
UW Center for Civic Engagement

### International Dinner/Lecture Registrations

An unpaid phone registration will only hold your space until the Tuesday before the dinner. If your fee has not been received by then, your registration will be cancelled.

### Class Confirmations/Cancellations

Classes are filled on a first-come, first-served basis.

You will be sent a confirmation if you request one or register online. Proceed to your class unless you hear otherwise.

We reserve the right to cancel any course that does not have sufficient enrollment.

### Refund Policy

A full refund is automatically processed if you cancel 10 days or more before the first class session, except for theatre trips. A cancellation fee of \$5 will be charged for cancellations nine days or less before the start of a course.

Refunds for limited enrollment courses and theatre trips will be granted only if your space can be filled from a waiting list.

Refunds are not given once the class begins except for Ed2GO ONLINE courses. For online courses, a refund, less \$5, will be given up to four working days after the course has begun.

### Weather Conditions Resulting in Class Cancellation

Seldom does the university close due to weather conditions but, should this occur, we will notify those who have provided a daytime phone number and/or e-mail address. Arrangements will be made by the instructor with the class for a make-up session.



**Like us on Facebook** and find out the latest news on trips and other events.

### Looking for Instructors

Instructors interested in teaching for Continuing Education should send a résumé and course proposal to the Continuing Education Office, UWMC, 518 S. 7th Avenue, Wausau, WI 54401 or send an e-mail to [vickie.richmondhawkins@uwc.edu](mailto:vickie.richmondhawkins@uwc.edu).

### Equal Opportunity

UW-Extension provides equal opportunities in programming, including Title IX requirements. Please advise at the time of registration if you have physical limitations and need special accommodations.

## LANDLORD TENANT LAW IN WISCONSIN

4 sessions, Tuesdays & Thursdays

February 2, 4, 9 & 11

6 – 8 PM

Room 238

Instructor: *Andrew Schmidt*

Fee: \$69

Landlord-tenant laws cannot only be confusing, but they are constantly changing. This course is designed to give landlords, tenants or anyone a basic understanding of landlord and tenant laws in Wisconsin. This course will include Wisconsin statutes under chapter 704, chapter 799, ATCP 134, an introduction to eviction procedures, basics of fair housing laws and other issues.

**NOTE:** A separate booklet assembled by attorney Andrew Schmidt with landlord and tenant forms from the Wisconsin Apartment Association will be available for separate purchase. It is not required that you purchase this book.

## FAIR HOUSING BASICS & PROTECTED CLASSES

1 session

Section A – Tuesday, February 16

Section B – Thursday, February 25

Section C – Tuesday, March 1

6 – 8 PM

Room 241

Instructor: *Andrew Schmidt*

Fee: \$24

When choosing tenants what can the landlord consider? In this class you will learn about illegal discrimination covering federal and state protected classes. You also will learn what things can be considered when deciding to rent to someone. This course will concentrate on Housing and Urban Development (HUD) rules on service animals and assistance animals, employees used to care for a disabled individual; Wisconsin open housing rules and other rules as necessary. Handouts included.

**NOTE:** It is strongly suggested that you take the Landlord & Tenant Law Class first or have significant landlord and tenant experience prior to taking this class; however, that is not a pre-requisite.

## STEP-BY-STEP GUIDE TO EVICTIONS

Session A – Thursday, February 18

Session B – Tuesday, February 23

Session C – Thursday, March 3

6 – 8 PM

Room 241

Instructor: *Andrew Schmidt*

Fee: \$24

Evicting tenants often is the most difficult thing most landlords must do, both legally and ethically. This course is designed to help with the legal aspects,

including defining a breach of lease, sending the proper notice and Marathon County's small claims court procedures. The course will focus on the time immediately after the tenant receives his or her notice-to-vacate. Handouts included.

**NOTE:** It is strongly suggested that you have taken the Landlord & Tenant Law Class first or have significant landlord and tenant experience prior to taking this class; however, that is not a pre-requisite.

*Andrew W. Schmidt* is the owner SCHMIDT & SCHMIDT, S.C., Wausau, Wis.; a law office practice started by his grandfather in 1921. Schmidt is a director on the board of the Wausau Area In-house Network (WIN), a coalition of public and private agencies seeking to reduce homelessness in Marathon and Lincoln counties.

## BUILD A SUCCESSFUL BUSINESS BRAND

3 sessions, Wednesdays

February 3, 10 & 17

6:30 – 8 PM

Room 238

Instructor: *Rick Stecker*

Fee: \$39

This course identifies the critical elements that comprise a successful business brand, focusing on identity, purpose and process. Theoretical (or actual) brand building will occur, covering four components of brand development: Knowledge; Solutions; Applications; and Promotions.

The source book for portions of class content is: "Becoming a Category of One," 2nd Edition, Revised, by Joe Calloway (2009, John Wiley & Sons, Inc., Hoboken, N.J.). (It may be recommended reading.)

*Rick Stecker* is the director of Grounds to Grow Coaching, Rothschild, Wis.. He operates a coaching and consulting practice to provide small business owners and their employees with the leverage to improve their business and performance. Website: [www.groundstogrowcoaching.com](http://www.groundstogrowcoaching.com). He wrote: "Make Choices like a Champion: Three Things You Need to Know to Take on Tough Decisions and Triumph," (2012) on Amazon Kindle and CreateSpace.





## LEGAL CERTIFICATE COURSES

UWMC has partnered with The Center for Legal Studies to offer the following courses online.

### ❖ *Paralegal Certificate Course*

This 14-week Paralegal Certificate Course® is designed to prepare students for the jobs in the legal field, giving them the knowledge and skills needed to earn a salary as quickly as possible. Training focuses on providing a comprehensive knowledge of the American judicial system. It will also teach practical skills, including how to assist trial attorneys, interview witnesses, investigate complex fact patterns, create legal documents, research the law, and assist in preparing cases for courtroom litigation.

### ❖ *Advanced Paralegal Certificate Course*

The Advanced Paralegal Certificate picks up where the Paralegal course left off. These substantive law classes provide students with more in-depth coverage of specific topics of law. Each topic is completed in one 7-week online session, and students can take up to 3 topics per session. Students can take as many or as few topics as they choose; however, a certificate is only issued when 6 topics are completed.

Some of the topics are: Advanced Legal Research, Victim Advocacy, Criminal Law, Bankruptcy Law, Family Law, Water Law, Immigration Law and many more.

### ❖ *Legal Nurse Consultant Certificate Course*

This program prepares medical professionals for careers in the legal field as legal nurse consultants. Building on your medical education and possible clinical experience, this course provides you with the fundamental skills necessary to advise law firms, health care providers, insurance companies and governmental agencies regarding medical issues and provide testimony in court as an expert witness.

This continuing nursing education activity is approved by the Western Multi-State Division, an accredited approver by the American Nurses Credentialing Center's Commission on accreditation. We also are offering these certificates:

### ❖ *Legal Secretary Certificate Course*

### ❖ *Software Essentials for the Law Office Certificate Course*

### ❖ *Employment Law Certificate Course*

**SPRING SESSION I begins on January 11**  
**SPRING SESSION II begins on March 7**  
**SUMMER SESSION I begins on May 2**

**To register: Call** The Center for Legal Studies at 1-800-522-7737 **or Visit:**  
[www.legalstudies.com/schools/UWMarathon.html](http://www.legalstudies.com/schools/UWMarathon.html)



## *Intercultural Communication \$195*

Globalization requires us to adapt our communication skills to be successful in a culturally diverse world. Whether you're in business, education, the social services, or are simply an adventuring globetrotter, understanding intercultural communication will go a long way to ensuring success in navigating the currents of communication across cultures. Delve into the different approaches to cross-cultural communication and come away with a new perspective on culture. Take away from the course a better understanding of how cultural-worldview shapes and drives communication.

[www.yougotclass.org/catalog.cfm/UwcMarathon](http://www.yougotclass.org/catalog.cfm/UwcMarathon)



## *Certificate in Customer Research \$395*

Your customers hold the key to the future success of your organization. You can find out what your customers know by engaging and interacting with your customers. Find out how to get feedback, information and even answers from your customers. With our low and no cost methods of customer research, you will discover new techniques for collecting information that will improve your organization's products or services, promotion and marketing, and even bottom line finances.

Whether you work in a for-profit or non-profit environment, our 8-stage needs assessment model will give you a step-by-step proven approach to researching and selecting new services, products or activities.

Eight week online course, William A. Draves, lead instructor [www.yougotclass.org/catalog.cfm/UwcMarathon](http://www.yougotclass.org/catalog.cfm/UwcMarathon)

To register for these courses and certificates and for information on related courses go to:

**[www.yougotclass.org/catalog.cfm/UwcMarathon](http://www.yougotclass.org/catalog.cfm/UwcMarathon)**



## *Facebook for Business \$245*

Find out what goes on behind the scenes on Facebook Pages and how to increase the chances that your message is seen and acted on. Discover new tools and proven techniques to increase business and expand your reach.

Discuss how to adapt your marketing message for the Facebook platform and how to integrate Facebook across all marketing areas. This is an advanced class and assumes you have started a Page on Facebook and have some basic knowledge of the platform. It includes the most current updates Facebook has made to pages.

One-month course, Jennifer Selke, Nicole Siscaretti instructor. [www.yougotclass.org/catalog.cfm/UwcMarathon](http://www.yougotclass.org/catalog.cfm/UwcMarathon)



## Certificate in Data Analysis \$495

Data Analysis is quickly becoming one of the most sought-after skills in the workplace.

Companies have vast amounts of data, but it is rare to have someone with the ability to analyze that data to see trends and make predictions. Add a whole new skill set to your portfolio, and make a big difference in the success of your organization by acquiring data analysis skills. \$195 for each one-month online course or \$495 for all three and the certificate; John Rutledge, Mary Dereshiwsky, and Jeff Kritzer, instructors.



## Cyber Security for Managers \$245

Cyber security issues are all around us and reach nearly every part of our business and work, from online banking and education to Facebook and Wi-Fi. Finally, you can get up-to-date on cyber security basics and fundamentals. Designed for non-technical managers, directors and others in the work place, you will learn about threats and vulnerabilities, safeguards, common attacks, viruses, malware and spyware, disaster recovery planning, intrusion detection/prevention, basic security architecture, introductory forensics, and cyber terrorism.

In this course, you will gain the knowledge needed to practice safer computing and how to safeguard your business and work information.

One-month online course, Stan Waddell, instructor  
[www.yougotclass.org/catalog.cfm/UwcMarathon](http://www.yougotclass.org/catalog.cfm/UwcMarathon)

To register for these courses and certificates and for information on related courses go to:

**[www.yougotclass.org/  
catalog.cfm/UwcMarathon](http://www.yougotclass.org/catalog.cfm/UwcMarathon)**



## Survival Kit for New Teachers

**Fee: \$99**

**Start on the 3rd Wednesday of the month**

Feel a little trepidation before entering your classroom? You're not alone! Whether you're already teaching, a newly credentialed graduate, or a substitute looking to transition to full-time, this course will provide you with proven tools, tips, and tricks to make your early years in the classroom a breeze.

Teaching is a balancing act, and it requires a blend of subject expertise and classroom skills to reach all of your diverse learners. In this informational and interactive six-week course, you'll learn the particulars of running a motivational classroom that will feel like home to your students.

You'll find out how to write winning lesson plans, reach diverse learners through differentiated instruction, communicate clearly, plan memorable events, and, most important, keep stress at bay so you can feel good about going to work every morning.

Much like a virtual mentoring program, Survival Kit for New Teachers will provide you with benefits gained through many years of first-hand classroom experience. Go to: [www.ed2go.com/uwmcconed](http://www.ed2go.com/uwmcconed)

*Thanks for a great course. We've placed a few more pieces into the jigsaw puzzle of my knowledge base. The picture is getting clearer. On to the next course!*



## Creating a Classroom Website

**Fee: \$99**

**Start on the 3rd Wednesday of the month**

Learn how to create a classroom website in this fun, easy-to-understand course for teachers. In no time, you'll build a site with text, images, animations, tables, links, and more. Then you'll create a WebQuest and a blog to add to your site.

You'll also learn how students can use site builders to create their own websites in minutes. As we move along, you'll be amazed by how simple creating a classroom website can be and all the ways in which having one can make you a more effective and dynamic teacher.

By the end of this course, you'll have your own published classroom website, and you'll feel energized by your great new teaching tool!



## Creating the Inclusive Classroom: Strategies for Success

**Fee: \$99**

**Start on the 3rd Wednesday of the month**

In this professional development course for teachers, you'll get the training you need to reach the diverse mix of students you face every day—learning proven strategies for inclusion that turn diversity into opportunity. With a mix of students who have learning disabilities, neurobiological disorders, and physical challenges, the modern classroom requires an efficient and effective teacher who can prioritize under tight deadlines and be creative on demand. Over the next six weeks, you'll learn how to be the kind of super teacher who can guide every student toward academic success. And do you know what the best part is? You don't have to tear your hair out to adapt each lesson so that it makes sense for all your students!

Over the course of 12 lessons, you'll discover creative, low-budget strategies for turning your inclusive classroom into a nurturing, supportive learning environment that helps every student. If you're looking for the right way to get all your students excited about coming to school, this is the course for you!

*The content was practical and useful. I found many ideas I'd like to use in my own teaching.*

Graduate credit is available for teachers from Madonna University for these and many other Ed2Go courses.



## How to get started with the following Ed2Go ONLINE Individual Courses

1. Go to: [www.ed2go.com/uwmcconed](http://www.ed2go.com/uwmcconed)
2. Click the **Courses** link, choose the department and course title you are interested in and select the Enroll Now button. Follow the instructions to enroll and pay for your course. Here you will enter your e-mail address and choose a password that will grant you access to the Classroom.
3. When your course starts, return to our Online Instruction Center and click the Classroom link. To begin your studies, simply log in with your e-mail and the password you selected during enrollment.

Here are some other business topics available on line at [www.ed2go.com/uwmcconed](http://www.ed2go.com/uwmcconed)

■ Achieving Success with Difficult People	\$99
■ Achieving Top Search Engine Positions	\$99
■ Building Teams That Work	\$99
■ Business and Marketing Writing	\$99
■ Effective Business Writing	\$99
■ High Speed Project Management	\$99
■ Interpersonal Communication	\$99
■ Introduction to Google® Analytics	\$99
■ Performing Payroll in Quickbooks®	\$99
■ Project Management Fundamentals	\$99
■ Project Management Applications	\$99
■ PMP Certification Prep 1	\$105
■ PMP Certification Prep 2	\$105
■ Resume Writing Workshop	\$99
■ Writing Effective Grant Proposals	\$99

## INTRODUCTION TO MICROSOFT EXCEL

2 sessions, Saturdays

February 20 & 27

8:30 AM – 12:30 PM

Room 300

Instructor: *Mike Theiss*

Fee: \$89 includes flashdrive 1.2 CEU

The Excel® spreadsheet program is one of the most widely used desktop business tools. At the end of this course you will be able to do basic spreadsheet data entry, formatting, formula writing and printing.

## FILES, FOLDERS & FINDING THINGS

1 session, Wednesday

February 10

5:30 – 7:30 PM

Room 300

Instructor: *Mike Theiss*

Fee: \$19 0.2 CEU

Materials: Bring a flash drive

Have you ever saved your files only to find you have no idea where they were saved? In this class you will learn how to make folders, copy/paste files or digital images into these folders, and how to find them later. You will also learn how to save files to the USB jump or flash

drive.

This course is recommended before taking digital camera courses.

## INTRODUCTION TO WINDOWS® 10

Welcome to Windows® 10, the completely new operating system from Microsoft, which offers a more robust, more powerful, and completely unique computing experience. In this course, you'll gain the foundation you need to get started right away using Windows 10.

We'll begin with the basics: finding your way around the operating system. You'll get to know the expanded Start menu, desktop, and system settings so you can feel right at home. Next, you'll learn to customize the features of this operating system and personalize your desktop so you can make your computer truly your own.

Then we'll take a look at files. You'll see how File Explorer can help you manage your files, and learn to create basic text documents using WordPad. From finding files and folders to organizing and editing photos to managing files on external drives, you'll learn everything you need to know about getting the most from this operating system. And since security is important, you'll also learn how to protect your files, as well as how to protect and update Windows 10. You'll even see how to use the new Microsoft Edge browser to access the Internet.

By the time you finish this course, you'll have mastered the basic skills you need to get the most from Windows 10 for both work and play.

This course is only offered online at:  
[www.ed2go.com/uwmcconed](http://www.ed2go.com/uwmcconed)

## PHOTOSHOP® ELEMENTS

6 sessions, Mondays & Wednesdays

April 11, 13, 18, 20, 25 & 27

6:30 – 8:30 PM

Room 145

Instructor: *Brad Schmicker*

Fee: \$89 includes flashdrive 1.2 CEU

Learn the basic tools of Photoshop®. Create artwork from sample images using layers and filters. Learn how the enhancing tools can improve your photos. Bring your photos to the last session to practice repairing or improving their final print form.

You'll use Photoshop® Elements 13. You will gain enough confidence to make this photo editing program a favorite on your desktop.  
Prerequisite: Computer basics or equivalent experience.

## Our Technology Instructors

**Mike Theiss** is an experienced computer software consultant and lecturer in computer science at UWMC.

**Brad Schmicker** was a teacher and technology specialist in the Wausau School District. He also teaches Photoshop® classes for College for Kids.



**DIGITAL SLR PHOTOGRAPHY PART 1****Section A****3 sessions, Tuesdays****January 26, February 2 & 9****6:30 – 9 PM****Room FH112****-----OR-----****Section B****3 sessions, Wednesdays****February 17, 24 & March 2****6:30 – 9 PM****Room FH112****Instructor: *Scott Savage*****Fee: \$69****0.8 CEU**

This course is designed for the digital SLR camera user who would like to take the camera off “auto” and learn to get the most from the camera’s features. Through hands-on and visual instruction you will learn many key functions of the digital SLR camera, including camera functions and digital lingo, f-stops and shutter speeds, lens selection and perspective, equipment recommendations, camera settings, and lots more. Materials: A digital SLR camera or digital camera with manual overrides and its manual.

**DIGITAL SLR PHOTOGRAPHY Part 2****3 sessions, Wednesdays****March 9, 16 & 23****6:30 – 9 PM****Room FH112****Instructor: *Scott Savage*****Fee: \$69****0.8 CEU**

This course is designed for the digital SLR camera user who would like to “put it all together.” Using your knowledge of SLR camera controls and the introduction of image crafting techniques you will learn to create truly exceptional digital images. Through hands-on and visual instruction you will learn composition, use of graphic elements, lighting for mood and impact, depth of field and scenery photography, use of camera filters, portrait tips, and pitfalls.

**Prerequisite:** Digital SLR Photography Part 1 or comparable experience.

**Materials:** A digital SLR camera or digital camera with manual overrides and its manual.

**CLOSE-UP PHOTOGRAPHY****1 session, Tuesday****April 5****6:30 – 9 PM****Room FH112****Instructor: *Scott Savage*****Fee: \$29**

Learn how to make macro/close-up photographs with your camera. You will also learn about your equipment and gain many tips for macro photography. This workshop will include a slide show, a hands-on photo session and review of student work.

Bring your digital camera with a close-up mode and the camera instruction book.



**Scott Savage** has an associate degree in photography from MATC. For 18 years he was the staff photographer for the Marshfield Clinic and has taught classes in Marshfield. He currently is a freelance photographer and artist.

**TRAVEL PHOTOGRAPHY  
for the Digital Photographer**

The lure of travel is surpassed only by the inevitable desire to bring home pictures and share your adventures. Since the late 1800s when George Eastman produced the first traveling camera with the slogan, “You press the button, we do the rest,” travel and photography have been eternally joined. With the added benefits of digital photography so readily available to consumers today, the field is full of new opportunities and new challenges.

Join us and discover this fascinating world through a photographer’s eye. This course will address the special needs and techniques digital photographers need to capture scenes from around the world and bring them home. We’ll focus on specific tips for digital photographers, and how to use both traditional techniques as well as those unique to digital equipment.

We’ll look at subjects such as wildlife on land and at sea, and how to get the best shots of animals in captivity as well as those in the wild. We’ll discuss ways to blend in with nature for this popular area of photography and the best kind of equipment for specialized shooting.

We’ll share tips on taking shots for professional use and those to treasure from a family vacation. We’ll discuss the situations that require model and property releases, and those that don’t. You’ll learn how and when it’s appropriate to pay people to take their picture and how to make the most of those types of opportunities.

Environmental challenges can put your camera equipment in jeopardy, yet conditions such as freezing temperatures and tropical heat often abound in some of the most beautiful places in the world. This class will address those issues and offer practical solutions that travel easily.

You’ll learn more about traveling with digital equipment and what to take and what to leave behind as you venture into the wilderness, onto a cruise ship, up in a helicopter, or over an international border. We’ll share various examples from destinations around the world, and expand your knowledge of techniques for shooting digitally and working with the images after you get back.

**Instructor:** Beverly Richards Schulz is a graduate of the New York Institute of Photography and an award-winning photographer. She has been teaching photography for more than 15 years.

This course is only offered online at:

**[www.ed2go.com/uwmcconed](http://www.ed2go.com/uwmcconed)**

# Complete your business degree



**Enroll in courses at**



UNIVERSITY OF WISCONSIN  
**Marathon  
County**

***Start Now!***

[www.uwsp.edu/uwmc](http://www.uwsp.edu/uwmc)

Contact Lori Brandt  
715-261-6229



School of Business & Economics  
College of Professional Studies  
**University of Wisconsin - Stevens Point**

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715-261-6235 or email: [patti.thwaits@uwc.edu](mailto:patti.thwaits@uwc.edu)

the **U** for YOU!



UNIVERSITY OF WISCONSIN  
**Marathon  
County**

518 South 7th Avenue, Wausau, WI 54401  
[www.uwmc.uwc.edu/BAAS](http://www.uwmc.uwc.edu/BAAS)



## COLLEGE OF THE EMERITI

## ANNUAL MEMBERSHIP FEE—\$69

The College of the Emeriti, started in 1987, is an economical plan with several benefits to meet the educational needs of adults age 50 and over.

We are proud to pledge the university's resources to this program, which supports the concept of learning as a lifelong pursuit. As a member you have the opportunity to enhance your personal growth in a stimulating, intellectual and friendly campus atmosphere.

### MEMBERSHIP BENEFITS!

- ◆ **Free admission** to one continuing education class per year (certain courses are excluded) and reduced rates on several other courses.
- ◆ **Free admission** to the "Soapbox Series," faculty lectures held monthly throughout the school year.
- ◆ **Reduced admission** to all UWMC Lecture & Fine Arts Series events.
- ◆ **Free use** of the UWMC pool and library during scheduled hours, and access to the cafeteria.
- ◆ Use of the **UWMC Fitness Center** for a small fee and if prerequisites are met.

**SOAPBOX LECTURES** are scheduled at the beginning of each month during the academic year. Days and times may vary. The winter/spring lectures will be in the **Sonnentag Hall, UW Center for Civic Engagement**

**Wednesday, February 3 ♦ 10 AM**  
*"Canon 'Gainst Self Slaughter": Prince Hamlet's Suicide*  
**Angela Bullard**

**Tuesday, March 1 ♦ 10 AM**  
*Multicultural Awareness in a Pluralistic Society*  
**Jeffrey Amundson**

**Tuesday, April 5 ♦ 10 AM**  
*Sexual Selection in the Animal Kingdom: Much More Than Antlers & Peacock Tails*  
**Paul Whitaker**

**Wednesday, May 4 ♦ 10 AM**  
*The Future of the UW Colleges*  
**Keith Montgomery**

# Come on!... Step Out of your Comfort Zone in 2016!



**February 6-3 pm**  
**Chad Premeau**  
**FACULTY TRUMPET RECITAL**

**February 8-26**  
**U of Wisconsin-Madison**  
**GRADUATE ART STUDENT**  
**Evan Hawkins**  
**LECTURE & EXHIBIT**

**LECTURE: February 8-7 pm**  
**EXHIBIT: February 8-26**

**February 12, 13 & 14, 8 am-7 pm**  
**SINGING VALENTINES!**

**March 5-EATS!**  
*Educational Assistance Through Scholarship*  
 6 - 11 pm (not an L&FA event)

**April 8, 9, 24, 15, 16 - 7:30 pm** General Admission - \$16, Students and Seniors - \$14,  
**April 10 and 17 - 2:00 pm** Groups of 10 or more - \$10 per person,  
**MONTY PYTHON'S SPAMALOT** UWMC students - Free

**April 22**  
**Vocal Jazz Festival**  
**For Vocal Jazz Groups—All day**  
**Festival Evening Concert—7 pm**  
 with the Jennifer Parker Quartet  
 General Admission - \$10  
 UWMC students - Free

**May 10-19**  
**UWMC Student Sculpture Exhibit**

**May 5-7 pm**  
**UWMC SPRING JAZZ CONCERT**

**May 8-7 pm**  
**Mother's Day Concert**

**May 9-7 pm**  
**Music Majors Recital**

An offering through  
 UWMC Continuing Education:  
**A STUDY IN INTERNATIONAL FILMS**  
 7 - 9 pm, UWMC Auditorium  
**Adults \$5; UWMC students, FREE**  
 Award-winning films from around the globe. Discussions led by UWMC faculty and community experts follow each film. Shown in original version with English subtitles, except where noted.  
 Thursdays - 1 per month  
**February 11** - Caramel (Lebanese)  
 Moderator: Elaine Strite  
**March 10** - Testament of Youth (English)  
 Moderator: Connie Sexauer  
**April 14** - Ida (the Oscars Visit Poland)  
 Moderator: Barry Dexter

**FACULTY LUNCH HOUR LECTURES**  
**Terrace Room -12:15 pm**  
 Faculty present topics of interest.  
**February 18** - English professors Jill Stukenberg and Angela Bullard—discussion of (the VLTC read - *Mindset*)  
**February 25** - Dr. Connie Sexauer—an informal discussion of the year's Academy Awards nominees  
**March 17** - Professor Sarah Rudolph—Theatre—"Role-playing for Conflict Resolution"  
**April 21** - Dr. Ibrahim Saleh—"Islamic Radical Groups After the Arab Spring"

### MARCH POETRY WEEK!

**Poets at War**  
**Mar. 1-7 pm**  
 UW CCE  
 Sonnetag Hall  
 Free

**Wisconsin Poet Laureate KIMBERLY BLAESER**  
**Mar. 3, 12:15 pm** -Terrace Room  
 Reading and discussion  
 Time TBA: Poetry Recitation **C•H•A•L•L•E•N•G•E**  
 (more info to come) General - \$1, UWMC students - free

For detailed information go to: [www.uwmc.uwc.edu/arts/LFA](http://www.uwmc.uwc.edu/arts/LFA)

## **STRENGTH TRAINING BASICS FOR THOSE 50+**



**8 sessions, Tuesdays & Thursdays**

**January 26, 28, February 2, 4, 9, 11, 16 & 18**

**9 – 10:15 AM Room: UWMC Fitness Center**

**Instructor: Paula Inger**

**Fee: \$79**

**Limited enrollment**

Recommended text: The Great Dumbbell Handbook, ISBN: 0-9696773-1-6 available online at [www.productivefitness.com](http://www.productivefitness.com)

Expand your fitness horizons. Strength training past 50 years of age makes you realize how valuable this training is for the aging human body. You'll learn about specific strength tests, nine safety essentials, many age-appropriate exercises and how to develop a workout plan that works for you.

Those who complete this course will receive a temporary pass to the UWMC Fitness Center for the remainder of the semester and be eligible for future use of the Fitness Center.

**Paula Inger** is a lecturer in health & exercise science at UWMC.

## **DESTINATION AMAZON: Rainforest Cultures, Lifeways and Challenges in the 21st Century**



**6 sessions, Mondays**

**February 8, 15, 22, 29, March 7 & 14**

**6 - 8 PM**

**Room 243**

**Instructor: Stephanie W. Aleman, Ph.D.**

**Fee: \$69**

Discover the peoples and environments of the Amazon in this survey of the region that includes both the peoples and landscapes of Amazonia. The history of cultures, subsistence practices, religion and spirituality, families and kinship, politics and development will all be explored in addition to understanding the region in the present day

## **APPRECIATING THE EPHEMERAL FLORA OF WISCONSIN**

**6 sessions, Mondays**

**April 4, 11, 18, 25, May 2 & 9**

**6 - 8 PM**

**Room 238**

**Instructor: Stephanie W. Aleman, Ph.D.**

**Fee: \$69 Discounted for Master Gardeners and College of the Emeriti \$49**

This course introduces the spring flora of central Wisconsin, exploring the timing, ecology and uses of various species of plants that arrive and flower in the early part of May but last only a few weeks.

You will learn to identify and understand the spring ephemeral flora of central Wisconsin, participate in

field trips to view spring flora and work with others on discovering the history and uses of the plants.

**Dr. Stephanie Aleman** recently returned to central Wisconsin and has just completed a two-year National Science Foundation research position at the University of Florida. She previously taught at UW-Stevens Point.

## **LEARNING AND MEMORY**



**2 sessions, Monday & Wednesday**

**March 14 & 16**

**6 – 7:30 PM**

**Room 238**

**Instructor: Jeffrey Amundson**

**Fee: \$29**

How did you learn to get from your home to work and back? When did you get your first kiss? Why is it difficult to remember things? When is what I forget atypical? In this course we will demonstrate and discuss various ways we learn about our world and how we form, store, and retrieve memories. We will also discuss age-related changes in each and demonstrate how we can improve learning and memory.

**Jeffrey Amundson** is a cognitive neuroscientist. His research has focused on issues related to learning and memory. He serves on the faculty at UW-Marshfield/Wood County.

## **PHILOSOPHY OF SPORT**



**1 session, Monday**

**February 8**

**6:30 - 8:30 PM**

**Room FH112**

**Instructor: Robert M. Riordan**

**Fee: \$10**

Take a philosophical look at sports and use philosophical arguments and traditions to answer these questions: What is sport? What value does sport have for the individual? What value does sport have for society?

**Robert Riordan** is an associate lecturer in philosophy at UW-Marshfield/Wood County. He has a master's degree in the humanities from the University of Chicago. He began his college education at UWMC and earned his bachelor's degree in philosophy from Saint Olaf College.

Classes with this symbol



are available to the  
College of the Emeriti  
as a free course.

**WELL BEING DAY – APRIL 16****Meditation Workshop****8:30 – 10:30 AM****Sonnentag Hall****Instructor:** *John Oestreicher***Fee: \$30**

In this informative and relaxing class, participants will learn: the benefits of meditation, how and when to meditate, focused attention, and how to slow down and release the mind's endless chatter. Students will practice meditating and will receive a customizable meditation plan based on their goals and energy scans.

**CHAKRA BALANCING****10:45 AM – 12:45 PM****Sonnentag Hall****Instructor:** *John Oestreicher***Fee: \$30**

Learn what a chakra is and how to balance them. You will be taught an understanding of their characteristics to help you in your daily life. In this class, you will also practice a Chakra Meditation. In addition, you will receive a custom visualization and breathing exercise based on your chakra scan.

**HEAL YOUR LIFE – Group Reiki Seminar and Session****1 – 3 PM****Sonnentag Hall****Instructor:** *John Oestreicher***Fee: \$30**

This session promotes healing; it is affordable and has the ability to help many people at the same time. Any size group can benefit, from 2 to 100 people. This session is designed to encourage healing for any moderate to severe health issues including cancer and fibromyalgia.

**John Oestreicher** is a Registered Reiki Master/Teacher and member of the International Association of Reiki Professionals. He is the owner of Hands On Healing Energy, LLC, Kohler, Wis. Oestreicher has been meditating for 30 years and teaching meditation for 10 years.

**INTRODUCTION TO RUSSIAN LANGUAGE & CULTURE****10 sessions, Thursdays****January 28, February 4, 11, 18, 25, March 3, 10, 17, 31 & April 7****6:30 – 8 PM****Room 238****Instructor:** *Olga Cotey***Fee: \$89 College of Emeriti Fee: \$49**

This course is an introduction to the Russian language and Russian speaking cultures. It includes the fundamentals of Russian pronunciation and grammar, as well as the development of listening, speaking, reading, and writing with emphasis on communicative skills.

You will learn to speak in Russian in a number of

everyday situations. This means you'll be able to ask and answer simple questions, as well as participate in short conversations relying heavily on learned phrases. Finally, you will learn about some cultural peculiarities that make life in Russia special.

**Olga Cotey** is a native Russian speaker. She has a master's degree in English and linguistics and has been a resident of the United States for the past eight years.

**INTERNATIONAL DINNERS****Fee: \$25 per person*****Bobby Burns Dinner******with Keith Montgomery*****Friday, January 22****5:30 – 6:15 PM, Social, Terrace Room****6:15 – 9:00 PM, Dinner and Program, Dining Room*****Tunisia: Our Home******with Waed Guesmi and Zeineb Nalouti*****Friday, March 11****5:30 – 6:15 PM, Social, Student Union****6:15 – 7:15 PM, Lecture, Room 233****7:15 – 9:00 PM, Dinner, Dining Room****A STUDY IN INTERNATIONAL FILMS****Thursdays – 1 per month****7 – 9 pm, UWMC Auditorium****Fee: Adults \$5; UWMC students–FREE**

Enjoy award-winning films from around the globe. Discussions led by UWMC faculty and community experts will follow each film. All films will be shown in their original version with English subtitles, except where noted.

**February 11 – *Caramel* (Lebanese)****Moderator: Elaine Strite**

A romantic comedy centered on the daily lives of five Lebanese women living in Beirut.

**March 10 – *Testament of Youth* (English)****Moderator: Connie Sexauer**

A British woman recalls coming of age during World War I - a story of young love, the futility of war, and how to make sense of the darkest times.

**April 14 – *Ida* (the Oscars Visit Poland)****Moderator: Barry Dexter**

Anna, a young novice nun in 1960s Poland, is on the verge of taking her vows when she discovers a dark family secret dating back to the years of the Nazi occupation.





## ***Another Program for Retirees!***

### **LEARNING IN RETIREMENT (LIR)**

Learning in Retirement (LIR) at UWMC is a membership organization of retired adult learners providing an opportunity to share learning experiences and discover new joys. It is sponsored by UWMC Continuing Education, but governed and programmed by an all-volunteer steering committee. **New volunteers are welcome for the steering committee.**

Programming will expand as members suggest programs. All instructors and moderators are volunteers.

A LIR membership includes two sessions, Fall and Winter/Spring. The membership year runs from September 1 to June 30.

#### **Membership Fee: \$25**

**LIR offerings for this winter/spring are listed below. To participate in these, you do need to be a current member of the Learning in Retirement program. Membership in the College of the Emeriti is separate from this program.**

#### **Winter/Spring Schedule including TED Talks**

This winter we've added a couple of local experts' presentations and a field trip to the lineup as well as the Ted Talks that are moderated by people familiar with the topic. Come and explore the world of TED Talks, share the experience with others and expand your knowledge. Join us in the **Room 238 on Thursdays from 2:30 – 4 PM.**

#### **February 4 – Small Farm Organic Gardening**

with Kat Becker, Stoney Acres CSA

#### **February 11 – Book Discussion: Blue Jeans in High Places**

#### **February 18 – Large Scale Dairy Farming – Tour of the Van Der Geest Farm, 1 – 4 PM,**

meet in Lot G to car pool; dress warmly

#### **February 25 – TED Talk: Why Laugh?**

with Sophie Scott

#### **March 3 - TED Talk: The Surprising Science of Happiness with Dan Gilbert**

#### **March 10 - Blue Jean Nation with the author, Mike McCabe**

#### **March 17 – Urban Forestry and Pruning Tips with a local horticulturist**

#### **-----SPRING BREAK-----**

#### **March 31 - TED Talk: Why is our universe fine-tuned for life?**

#### **April 7 – Book Discussion: *Let's Explore Diabetes with Owls* by David Sedaris**

## **MAXIMIZING SOCIAL SECURITY**

**Session A, Thursday, March 10**

**OR**

**Session B: Thursday, March 17**

**6 – 9 PM**

**Room 238**

**Instructor: *Navi Dowty***

**Fee: \$19**

Learn how to maximize your Social Security benefits, reduce taxes on them, and how the wrong Social Security decision can cost you money. Discover how two little known strategies could increase your family income and survivor benefits.

## **PRINCIPLES OF RETIREMENT PLANNING**

**3 sessions, Thursdays**

**April 7, 14 & 21**

**6 – 9 PM**

**Room 238**

**Instructor: *Navi Dowty, CFA***

**Fee: \$49**

This course provides a fundamental working knowledge of the principles of conservative investing as they apply to retirement planning. The materials cover varied aspects of conservative investing, such as changes in investing paradigms, history of markets, impact of bear markets, retirement budgeting, aspects of financial decisions, and more, while highlighting the ABC Model of Investing. You will increase your awareness of the overall risk in the markets, as well as possible asset allocation models to help manage exposure to risk.

This course also covers conservative investing, income planning, asset allocation, and appropriate financial decisions. It is not designed to give specific solutions to individual needs.

This is not a financial seminar. This is a financial course where you gain the knowledge and confidence to make financial decisions suited to your level of risk and in line with the investment goals and objectives you establish.

**Navi Dowty** is a certified financial analyst and the owner of Navi Dowty & Associates, Inc. and Associated Retirement Planners, Inc. He has been working in the financial services industry for over 40 years.

## **RADICAL ISLAMISTS IN THE WEST**

**1 session, Tuesday**

**January 12**

**UW CCE**

**4 – 5:30 PM**

**James F. Veninga Theater**

**Instructor: *Kirk. J. Beattie***

**Fee: FREE**

Kirk Beattie, primarily a specialist in Middle East politics, also teaches a course on Western European politics. He has spent roughly one-half of the past two years residing in Paris, France, where he was

a Fulbright Fellow. He is well-versed in the trials and tribulations of Muslims residing in Western Europe.

**Kirk J. Beattie** is a professor of political science and international relations at Simmons College in Boston with roots in Michigan and ties to Wisconsin. His latest book is "Congress and the Shaping of the Middle East."

**SAVE\$** ...and take all three music appreciation classes for \$100!

### GUIDE TO THE ORCHESTRA

3 sessions, Mondays

January 25, February 1 & 8

7:45 – 9:15 PM

Room 238

Instructor: **Jacob Roseman**

Fee: \$39

Ever wonder what makes up an amazing ensemble of 80-plus musicians, from every family of musical instruments, coming together to interpret musical masterpieces? Join us to explore the members of this magnificent ensemble and how they create their magic on stage!

### THE GENIUS OF AARON COPLAND

3 sessions, Mondays

February 15, 22 & 29

7:45 – 9:15 PM

Room 238

Instructor: **Jacob Roseman**

Fee: \$39

Known as the "dean of American music," Aaron Copland still is considered one of this country's great musical geniuses. This class will examine his iconic masterpieces as well as his everlasting musical legacy.

### THE BIBLE PORTRAYED IN CLASSICAL MUSIC: Old Testament

3 sessions, Mondays

March 7, 14 & 21

7:45 – 9:15 PM

Room 238

Instructor: **Jacob Roseman**

Fee: \$39

Throughout history, biblical stories have always served as a vehicle for many musical compositions. Virtually every century has created great musical works that focus on biblical subjects and parables. Just in time for the Lenten season, join us to study these musical masterworks.

### WHAT HAPPENS NEXT?

6 sessions, Tuesdays

February 23, March 1, 8, 15, 29 & April 5

6:30 – 8:30 PM

Room 238

Instructor: **Victoria Lindsay**

Fee: \$69

You have stories in your head. Isn't it time to transfer them to paper? Whether they are realistic fiction, fantasy, science fiction or nonfiction, they are the subject of this course. Learn how to select a story and wrap it in vibrant words.

- Bring in three story ideas. Receive help in selecting an idea to work on now.
- Learn the key components of any story.
- Discover the difference between the various genres.
- Choose a genre and begin your story, using basic techniques.
- Receive helpful feedback; edit, then share your work aloud.

This class emphasizes writing in a way that is clear, descriptive and complete. There are brief assignments. Class material will be emailed to you to print and bring to class. Bring a notebook and pen to class.

**Victoria Lindsay** is a professional educator and professional writer. She also writes for her own pleasure. She has written works for all ages. An award-winning journalist, poet, writer of fiction, nonfiction, historical fiction and memoir, Lindsay has often performed her pieces. She serves as a judge for forensics and poetry slams.

### HUNTING WITH ORTEGA

1 session, Monday

February 15

6:30 – 8:30 PM

Room 241

Instructor: **Robert Riordan**

Fee: \$10

Hunting is an important part of our culture in Wisconsin. We will focus on hunting as human activity and as it appears in "Meditation on Hunting" by Jose Ortega y Gasset. Ortega offers a unique approach and supports hunting as intrinsically valuable as a result of its practice as a sport.

### THE CONCEPT OF REVELATION IN THE SYNOPTIC GOSPELS

1 session, Monday

February 22

6:30 – 8:30 PM

Room 241

Instructor: **Robert Riordan**

Fee: \$10

Examine the structure of revelation through the lens of the work of philosophers Jean-Luc Marion and Soren Kierkegaard and through current examination of the text.

## TOWARD A NEW UNDERSTANDING OF MIRACLE

1 session, Monday

February 29

6:30 – 8:30 PM

Room 241

Instructor: *Robert Riordan*

Fee: \$10

Explore and challenge the traditional, philosophical definition of miracles as violations of the laws of nature. We will argue what constitutes a miracle at the level of experience is the appearance of conceptuality in the products of mind independent processes. We will then explore how, under this definition, miracles serve as evidence for God's existence.

## ACT PREP COURSE

Saturday, February 27

8:30 AM – 3:30 PM

Room 233

Fee: \$30

Registration deadline:

Friday, February 19

This session is designed to assist the student in preparing for the ACT assessment.

Areas to be covered are:

- test-taking strategies
- English usage/mechanics and rhetorical skills
- math problem solving strategies
- algebra, geometry and trigonometry reviews
- science data representation, analysis and interpretation of research summaries and conflicting hypotheses

**Enrollment is limited. Register early!**

**Confirmation notices are not sent.**

**You will only be notified if this course is canceled or changed.**

**For grades 6 – 9**

**Fashionably Mashed®**



**Learn the STEM of fashion design**

4 sessions, Saturdays

April 9, 16, 23 & 30

9 AM – 3 PM Enrollment limited.

Fee: TBA (At press time we were still waiting to hear on a grant that would affect the fee and provide scholarships.)

Learn about "mood boards," sourcing of materials, costing, marketing and much more while designing your own piece of fashion.

**Look for details in early 2016.**

## SAVE THE DATES!

**College for Kids and Middle School U**

Grades K - 8

June 13 - 24, 8:15 AM – Noon

**SOMETHING NEW JUST FOR GIRLS:**

**Girl Power Camp**

Grades 4 - 7

June 27 – July 1

9 AM – 4 PM

**Wizards Academy**

Grades 4 - 9

July 11 – 15

9 AM – 4:30 PM

*The summer youth catalog will be ready in early spring. Watch for it at your school.*

*A tale of kidnapping and the world financial markets*

**Saturday, April 2**

**4 PM Matinee**

**The Rep, Milwaukee**

Written by Milwaukee native and 2013 Pulitzer Prize-winner for Drama

Ayad Akhtar, *The Invisible Hand*

follows Nick Bright,

an American investment

banker, who is kidnapped

in Pakistan, where his

captors demand he raise his

ransom by trading in the financial markets.

In teaching his captors how to manipulate the market, Bright

fundamentally alters his relationship with them –

and the world. This thrilling new play by one of

America's hottest playwrights examines how far

we'll go to save ourselves and the ramifications

of our actions on global politics.



**Also – Milwaukee Public Museum**

**10:30 AM – 2:30 PM**

See the new "Crossroads of Civilization" exhibit and more. Lunch on your own before the play.

**Leave Wausau: 7 AM**

**Return: approximately 9:30 PM**

**Fee: \$135**



Mail this form with your check to:  
University of Wisconsin-Marathon County, C.E. Department • 518 South 7th Ave., Wausau, WI 54401

# CONTINUING EDUCATION REGISTRATION

Please complete this form for each class participant. If registering more than one participant, please make copies of this form.

Name \_\_\_\_\_ Daytime phone \_\_\_\_\_

E-mail \_\_\_\_\_ If registering child: Parent's name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ Zip \_\_\_\_\_ Age: ☐ Under 18 ☐ 18-34 ☐ 35-49 ☐ 50-64 ☐ 65+

Course \_\_\_\_\_ Start Date \_\_\_\_\_ Fee \_\_\_\_\_

Course \_\_\_\_\_ Start Date \_\_\_\_\_ Fee \_\_\_\_\_

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## Method of Payment:

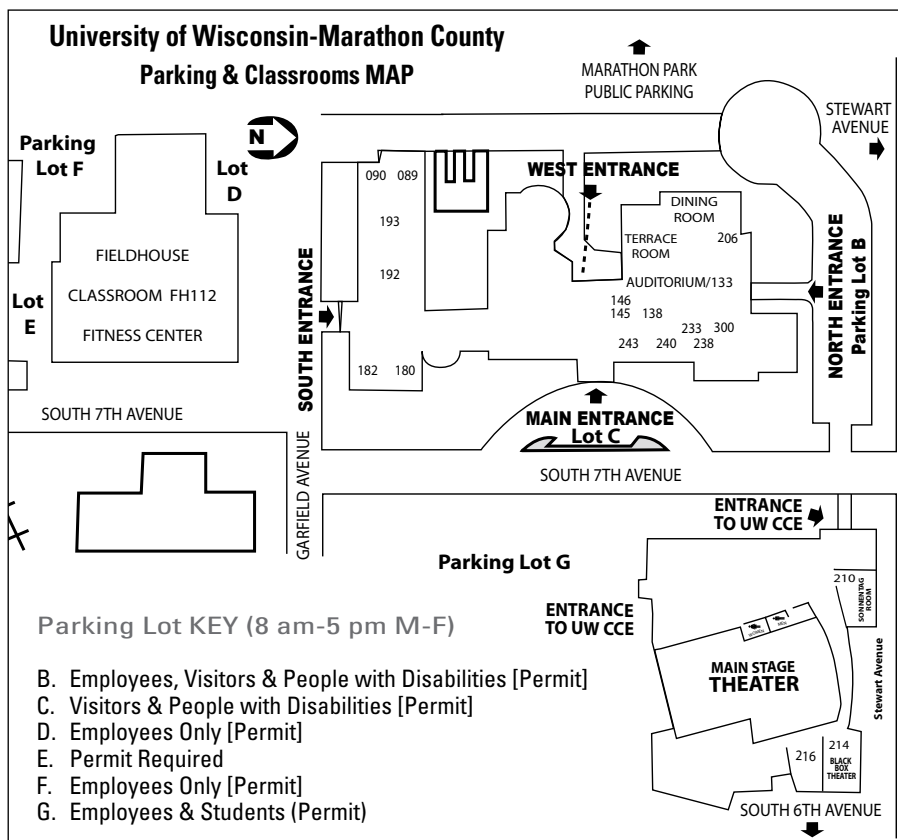
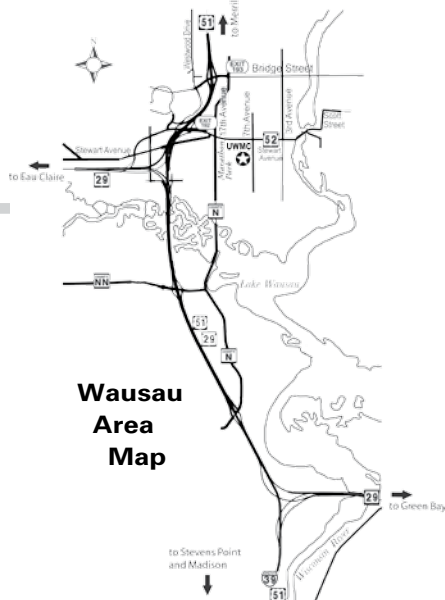
☐ Check (payable to UWMC)

To use a credit card, you will need to call our office at 715-261-6309 or register online:  
<https://ce.uwc.edu/wausau/catalog>



NOTE: Room numbers indicated on building map are those being used by CONTINUUM classes and events and L&FA and Theatre events and are approximate locations on various levels of the buildings.

Parking Lot A is not shown and is across Stewart Ave. to the North and is always restricted to Marathon Hall residents ONLY. All other parking lots are available after 5 pm weekdays and all day on weekends. Ample parking in Marathon Park.





UNIVERSITY OF WISCONSIN

# Marathon County

518 South 7th Avenue, Wausau, WI 54401

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Turn to **LEARN!**

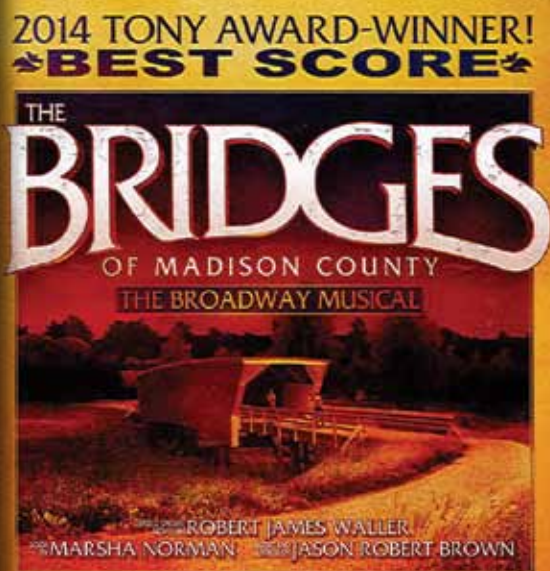
**Join Us!**

## THEATRE

**Saturday, June 25 — 2 PM Matinee, Orpheum Theatre, Minneapolis**

**Leave UWMC: 9 AM  
Fee: \$145**

**Return: approximately 10 PM**



*The Bridges of Madison County*, one of the most romantic stories ever written, is now an irresistible, two-time Tony Award®-winning Broadway musical. Based on the best-selling novel by Robert James Waller, *The Bridges of Madison County* tells the story of Iowa housewife Francesca Johnson and her life-changing, four-day whirlwind romance with traveling photographer Robert Kincaid. It's an unforgettable story of two people caught between decision and desire, as a chance encounter becomes a second chance at so much more.

This stunning new production features gorgeous, soulful music by Tony Award®-winning composer Jason Robert Brown (*Parade*, *The Last Five Years*) that draws upon the rich textures of Americana and folk and the sweeping, expressive balladry of classic Broadway. *The Daily News* hails it as "one of Broadway's best scores in the last decade."

Lunch in Hudson, Wis. and dinner in Minneapolis will be on your own.